

Berkshire Immigrant Center

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Cultural Competency 101

- ❖ Be open!
- ❖ Be patient!
- Be compassionate/empathetic!
- ❖ Be willing to go the extra mile!
- **❖** Be friendly (SMILE!)



- ❖ Be willing to work with advocates and other agencies to meet the needs of the individual!
- Treat everyone as an individual!
- ❖ Ask for help if needed!
- ❖ Do not pass the buck!
- ❖ Don't give up until you find a solution, (be solution oriented!)
- Treat others as you would like to be treated, (or as you would hope your children would be treated in a foreign country!)
- ❖ Know that an accent does not equal to being slow or having a hearing problem!
- **❖** Be Patient!
- ***** Be Compassionate/Empathetic!
- ❖ Be aware that cultural differences may be affecting the situation!
- * Know that there are never enough cultural differences to cancel out a connection between one human being and another!
- **❖** Be flexible!
- Cut the red tape!
- ❖ Know that your work is important!
- * Know that helping others makes the world go around, (what goes around comes around!)